



NO DINNER!

Resources you will need: bags with supermarket logos; pizza picture, playdough or plasticine, pictures or real objects for what is in the fridge that you use on the pizza

Gestures, signs and actions: NO, FOOD SHOP, INTERNET, PIZZA

Sounds to make: huh? Ohh (disappointment, click teeth) yum,

Feelings in the story: frustration, enjoyment, ill

Make it your own: Change what you had for dinner and where you went to find it

Next chapter: successful online shopping, more home cooking

... indicates where the child can most easily join in

Note: We are aware that at the time of writing this story based on the Hoppy's real experience, there are families for whom no dinner is a horrible reality. If you have enjoyed this story, and if it is within your means, you might like to donate to <https://www.trusselltrust.org/>, put something in our honour into a food bank collection. or just remember these folk in your thoughts and prayers.



SENSORY STORIES FOR SURVIVING LOCKDOWN

No dinner!

No Dinner!	<i>Sounds, words and vocalisations</i>	<i>Gestures, signs and body movements</i>	<i>A sound or word recorded on a big Mack</i>	<i>Showing a photo, either on a card or an iphone</i>	<i>Showing an object</i>
<p>Every week we do our shopping online We go on the computer And we look to see which shops can help</p>		<p>Gesture for typing online Sign INTERNET SHOP</p>		<p>computer</p>	
<p>Mrs Hoppy looked in thefridge Oh dear Empty Just baked beans and veg</p>	<p>Fridge Oh dear</p>	<p>Open fridge door</p>	<p>Oh dear</p>	<p>empty fridge,</p>	<p>Baked bean tin, a few veg</p>
<p>Time to do theshopping Mrs Hoppy went on the computer She looked and looked and looked</p>	<p>shopping</p>	<p>Gesture for typing online Sign INTERNET LOOK</p>	<p>shopping</p>	<p>computer</p>	
<p>She looked atSainsburys Nope</p>	<p>no</p>	<p>NO</p>			<p>Bag with logo</p>



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Nothing from Sainsburys					
Repeat this with at least 2 other supermarkets	no	NO			Bags with logo
Oh no, they were so hungry!	Oh no	HUNGRY	Oh no		
But then she thought.. I know! There's a pizza van! We can go and get apizza!	pizza	PIZZA	pizza	pizza	
They looked at the menu Mrs Hoppy said "I'll have a meat feast! Mr Hoppy said "I'll have a marguerite" (substitute variety of pizza known to the child) Yummmm	pizza	PIZZA	pizza	pizza	
Off they went Walking down the road To find the pizza van	van	Walking movement			
Yummm yum cant wait for our... pizzas Here's the van	pizza	PIZZA	pizza	van	
Some people were waiting Mr and Mrs Hoppy waited in the line	wait	Show distance with hands apart			



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They stood back to keep safe		SAFE			
Then it was their turn					
But just as they got there, the pizza man put up a sign..					
Sold out No more pizzas Oh no....	Oh no vocalisation for feeling (/whaaat/bo ohoo/NO!YE S! etc)	NO MORE Exaggerate facial expression disappointm ent	Oh no	Sign saying "sold out"	
Mr Hoppy said – I know We'll make pizzas at	home	HOME			
So they went home	home	HOME			
They got the flour and water and yeast and made the dough for the....pizza	pizza	PIZZA			Playdough pizza
And they rolled it out	Baked beans Tomatoes cheese			Pictures of what goes on the top	Playdough pizza
And on the top they put...(encourage child to put pictures of the relevant items on top of the playdough pizza base)					
Baked beans Onions					



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Tomatoes And a tiny bit of cheese					
They ate the pizzas all up And they were yummy...	yum	Rub tummy	yum		