



THE RAINBOW PAINTING

Resources you will need: rainbow painting, paintbrush, paint, cup of water,

Gestures, signs and actions: RAINBOW, WINDOW, TABLE, COLOURS, FINISHED, WET, points to body parts eg. TOES, KNEES, FINGERS, point to floor.

Sounds to make: ahh (bless, lovely exclamation) oh no, uh oh!

Feelings in the story: funny, shock

Make it your own: Follow the young person's lead when it comes to choosing which colours came next when painting the rainbow. You can also change the body parts that get wet as this can vary depending on the young person's positioning when painting, what body part they used to paint, etc. Lastly, you can change the floor or carpet, perhaps the painting dripped on a sibling, a pet, or an item of clothing that was on the floor.

... indicates where the child can most easily join in

Next chapter: Making a card to send to a relative; playdough people; painting family portraits

Adaptations: For children with VI/blind, use textures and glue instead of paint.



SENSORY STORIES FOR SURVIVING LOCKDOWN

Rainbow painting

| | <i>Sounds, words & vocalisations</i> | <i>Gestures, signs and body movements</i> | <i>A sound or word recorded on a big Mack</i> | <i>Showing a photo, either on a card or an iphone</i> | <i>Showing an object</i> |
|--|--|---|---|---|--------------------------|
| We have to stay . home to keep safe | Home safe | HOME | | | |
| But there are lots of good things to do | | | | | |
| We said "Let's make rainbow paintings to put in the window". | Rainbow Window | RAINBOW Point to window | rainbow | Rainbow | |
| Let's get ready Put the things on the table | Ready Table | READY Point to or sign table | ready | | |



SENSORY STORIES FOR SURVIVING LOCKDOWN

Rainbow painting

| | | | | | |
|---|---|--|----------------|--|--|
| <p>We needed a... paintbrush, we needed... paper, we needed... a cup of water to clean the brushes, and most importantly, we needed... Paint!</p> | <p>Paintbrush Paper Water Paint</p> | <p>BRUSH WATER PAINT</p> | | | <p>Paintbrush Paper Water Paint</p> |
| <p>Now we're ready. Hm... what colour? We need to choose....</p> | <p>colour</p> | <p>WHAT COLOUR CHOOSE</p> | | <p>Paint palette</p> | <p>Paint palette</p> |
| <p>I dipped my paintbrush in... (you can follow the young person's lead here and allow them to choose which colour will go next in the story)</p> <p>The... red paint Then the... yellow paint Then the... pink paint Then the... green paint Then the... purple paint Then the... orange paint And then... the blue paint</p> <p>Lovely!</p> | <p>Red Yellow Pink Green Purple Orange Blue</p> | <p>Gesture for dipping the brush</p> <p>RED YELLOW PINK GREEN PURPLE ORANGE BLUE</p> | <p>Lovely!</p> | <p>Paint palette – can point to each colour chosen</p> | <p>Paint palette – can point to each colour chosen</p> |
| <p>All... finished!</p> | <p>yay</p> | <p>FINISHED GOOD</p> | | | |



SENSORY STORIES FOR SURVIVING LOCKDOWN

Rainbow painting

| | | | | | |
|---|--------------------------|---------------------------------------|---------|------------------|---|
| Lovely! Ahh! | Ahh! | GOOD | Lovely! | | |
| I picked up my paper to show(insert family member of person in household's name here). | (family member's name) | | | Rainbow painting | Rainbow painting |
| But it was still... wet! Oh no! | Wet Oh no | WET | Oh no! | | Flick water over the young person |
| The paint began to drip and it landed on my... toes My knees... My fingers... (<i>tickle these as you name them</i>) | Toes Knees fingers | Point to toes knees and fingers | | | Flick water over young person's Toes Knees fingers |
| And all over the... carpet/floor! | Carpet/floor | Carpet/floor – point to or sign | | | |
| Uh oh! | UH OH! | Show an uh oh expression | UH OH! | | |



SENSORY STORIES FOR SURVIVING LOCKDOWN

Rainbow painting

| | | | | | |
|---|-------------------|---------------|------|--|--|
| I felt really ..sad/fed up... | ohh | SAD FED UP | ohhh | | |
| But (family member) helped me do it again | again | AGAIN | | | |
| We put it on the ...window It looked... lovely | window | GOOD | | | |
| Our neighbor/friend came past and clapped | Clapping sound | | | | |
| And we sang the Rainbow song https://www.youtube.com/watch?v=TxSHzfpjbHw | | SING | | | |