



SENSORY STORIES FOR SURVIVING LOCKDOWN

Clap for the NHS and workers

## CLAP FOR THE NHS

**Resources you will need:** saucepan and wooden spoon, pictures of people in the family, pictures of nurses and doctors

**Gestures, signs and actions:** clapping, banging, WAIT, signs for feelings

**Sounds to make:** clapping, chimes for clock,

**Feelings in the story:** love, worry, proud

**Make it your own:** Change who you are clapping for – and the sounds you make. Add in any neighbours or others you see at the door.

... indicates where the child can most easily join in

**Next chapter:** Find out who else is clapping, what sounds they are making. Then you can repeat the story with “(name) is clapping for our workers...” You can list the child's friends.

*Note: We have used the shorthand NHS since that is how the initiative started, but of course we are celebrating and supporting ALL frontline workers at this time. So name the story as you will!*



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	<i>Sounds, words and vocalisations</i>	<i>Gestures, signs and body movements</i>	<i>A sound or word recorded on a Big Mack</i>	<i>Showing a photo, either on a card or an iphone</i>	<i>Showing an object</i>
Every week we clap for our workers		clap		Pictures of workers – nurses, doctors, care workers, drivers etc	
We stand at the door. We wait till 8 o'clock	eight	WAIT	Sound of chimes for 8pm		
Mum (family member or carer) went	hooray	clap	Hooray for the workers		
Dad (family member or carer) went (you can extend this with different people joining in)	hooray	clap	Hooray for the workers		
(Child's name )went..		Bang on saucepan lid			Bang on saucepan lid



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		or show banging movement			with wooden spoon
We all did it together	hooray	Bang on saucepan lid or show banging movement	Hooray for the workers		Bang on saucepan lid with wooden spoon
It was really noisy!		Hands over ears			
We were thinking about the people who help us (use this to mention people you know )	names			Pictgures if relevant	
We are feeling Your choice : proud, a bit worried, happy, sad, love	Words for feelings	Signs for feelings or show facial expression		Words for feelings	
It's great to clap for the NHS/our workers/careworkers	great	GOOD			
We'll do it again next week	Next week				