



## CHOCOLATE!

**Resources you will need:** part of school uniform, or lunch box for the beginning of the story; something to represent illness eg thermometer or medicine bottle, chocolate wrappers and pictures of Easter eggs

**Gestures, signs and actions:** NO, SCHOOL, WHAT? ILL, CHOCOLATE, MORE, SICK, (signs for feelings if you know them eg. SAD)

**Sounds to make:** huh? Ohh (disappointment, click teeth) yum, bleurgh (being sick)

**Feelings in the story:** disappointment, frustration, enjoyment, ill

**Make it your own:** Change where the child wants to go

Change what you ate – if you are not a chocolate eating household, substitute!

... indicates where the child can most easily join in

**Next chapter:** Where can we go? Remembering our favourite places and what we did there and will do again; making a play space in the home; rewards for good behaviour



## SENSORY STORIES FOR SURVIVING LOCKDOWN

## Chocolate

<b>Chocolate</b>	<i>Sounds, words and vocalisations</i>	<i>Gestures, signs and body movements</i>	<i>A sound or word recorded on a big Mack</i>	<i>Showing a photo, either on a card or an iphone</i>	<i>Showing an object</i>
We woke up on Monday and Mum said we couldn't go to school (Mum/Dad/Gran/Carer as appropriate)	Yawn, No school!	Stretch Arms crossed into an 'x' for 'no		Picture of schoolf	School uniform/lunchbox put away
I didn't understand. (She) said we don't want to get poorly.	Huh?!	'WHAT? Or spread hands ILL	Whaaaaat ?!		Thermometer or calpol bottle: show and shake your heads
The next day, Tuesday I said 'can we go to school?'	School?	Tuesday Makaton letter T		Picture of window	
...said no! We have to stay home so we don't get poorly.	No school!	Arms crossed into an 'x' for 'no' HOME	No school???	Sun	Thermometer or calpol bottle: show and shake your heads



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On Wednesday, Thursday and then Friday they said NO SCHOOL!	No school!	Arms crossed into an 'x' for 'no' HOME	No school???		
I felt very.....(allow child to communicate if they can) sad, bored, relieved, excited, confused etc	vocalisation for feeling (hmph/oooh /whaaat/boohoo/NO!YES! etc)	Sign for feeling or facial expression exaggerated confused cross (see photo examples of happy/sad below)	Appropriate word or sound to go with feeling		
On Saturday I said "Can we go to the park. They said no we mustn't get poorly! (put in here where children want to go Walk?! Football?! Swing?!		Pointing out the window or towards the door	Word park, or sound effect from youtube	Photo of relevant destination	
I said "Can we go swimming? ?". They said no we mustn't get poorly!	Swimming?	Swimming gesture	Word swimming or splashing sound	Photo of relevant destination	Thermometer or calpol bottle: show and shake your heads



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<p>I said "Can we go shopping? ". They said no we mustn't get poorly!</p>	<p>Destination name</p>	<p>Appropriate gesture</p>	<p>shopping</p>	<p>Photo of relevant local shop</p>	<p>Thermometer or calpol bottle: show and shake your heads</p>
<p>I started to feel.....frustrated, confused, cross, bored, tired, sad etc</p>	<p>vocalisation for feeling (hmp/oooh /whaaat/bo ohoo/NO!YES! etc)</p>	<p>Sign for feeling or facial expression exaggerated HAPPY SAD</p>	<p>Sound for feeling or the word</p>	<p>Show picture of person</p>	
<p>THEN I thought hmmm. It is Easter and at Easter we have one thing inside the house that doesn't make us poorly...</p> <p>(or could be family member or carer who says this)</p>				<p>Anything representing Easter that is meaningful to the child (cross/bun/book/song/bunny etc)</p>	<p>Anything representing Easter that is meaningful to the child (cross/bun/book/song/bunny etc)</p>
<p>CHOCOLATE!</p>	<p>YUM!</p>	<p>Rubbing tummy, lips with tongue</p>		<p>Show picture of Easter eggs</p>	<p>Chocolate wrapper</p>



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I said " Can I have some.... chocolate?"	chocolate?!	CHOCOLATE Makaton: Circular 'C' with hand on chin			
And they all said "YES!"	YES!	Nodding/thu mbs up			
<p>So we had eggs made of.....</p> <p>We had cakes made of...</p> <p>We had cookies made of...</p> <p>We had brownies made of....</p> <p>(Or whatever you did have/they would have liked to have)</p>	Eggs! Cakes! Cookies! Brownies!	Listing with fingers as you go/using hands to suggest more and more	Chocolat e, press switch for each item on the list		<p>Wrappers or recycled boxes</p> <p>OR stirring in a mixing bowl/sound of the microwave melting chocolate</p> <p>OR use a cake tin opened again and again!</p>



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<p>I did feel quite sick whoops!</p>	<p>Sick Bleurrgh (sick vocalisation)</p>	<p>SICK Tongue out/rub tummy</p>	<p>Bleurrgh vomiting sound</p>		<p>Possibly sick bowl...</p>
<p>When Easter was over, and all the chocolate was gone, I said 'can I have some more chocolate please?!' But they said 'NO! We mustn't get...'  (leave space for child to contribute the punch line, then all shout it together)</p>	<p>More chocolate  Poorly!</p>	<p>MORE  ILL</p>	<p>Poorly</p>		<p>Thermomete r or calpol bottle: show and shake your heads</p>